

# IFET COLLEGE OF ENGINEERING (AN AUTONOMOUS INSTITUTION)



## INDUCTION PROGRAM 2022



**ROAD TO HAPPINESS AND SUCCESS**

Presenter:

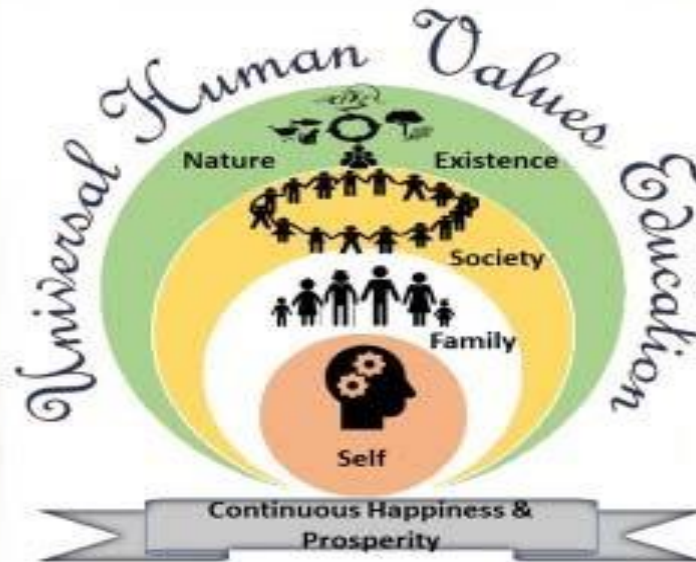
Dr.K.SANTHANALAKSHMI

Professor & Head

Department of Science and Humanities

IFET College of Engineering

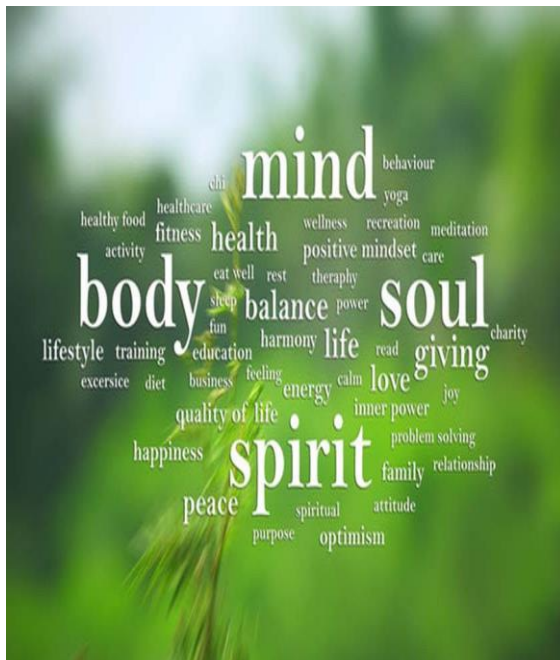
(An Autonomous Institution)



**Towards Sustainable, Happy and Prosperous Earth through UHV education**

# Important Human Values

## Health and energy



## Love



## Gratitude



## Kindness & Compassion



## Integrity



## Giving



## Growth



## Peace



**Family, friendship  
& connection**



**Happiness**





**Together for a Joyful World**





# Think about it !

\* Do you think that technological advancement is disconnected from human values?

Answer: Yes

\* Do you think that we lack understanding of human values?

Answer: Yes

Are these man-made or natural?

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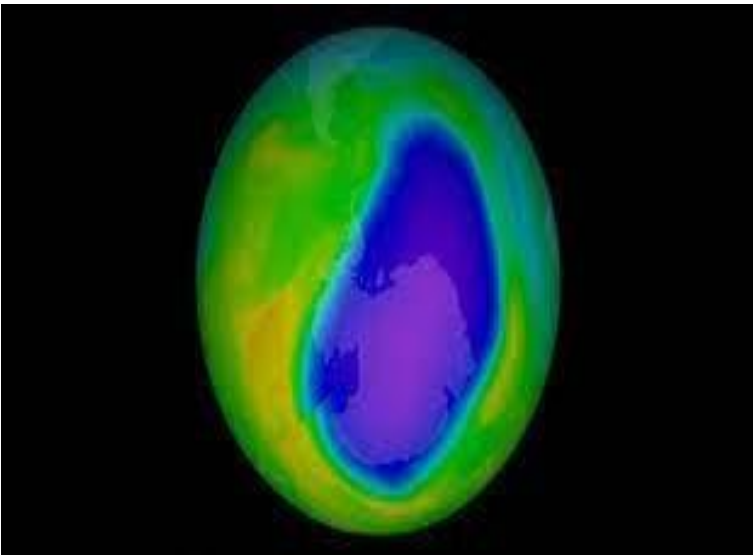
**Deforestation**



**Global warming**



## Ozone layer depletion



## Soil degradation



## Environmental pollution



- Is there a need for values in today's world?

Answer: Yes

- Are you always happy?

Answer: No

# Why we need values in today's world?



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EGOISM



# Family in Olden days



## Advantages

- ✓ A child is Never Lonely. ...
- ✓ Happiness Doubles. ...
- ✓ Learn The Art of Sharing. ...
- ✓ Learn to Respect. ...
- ✓ Education Beyond Books. ...
- ✓ Love and Care. ...
- ✓ The Feeling of Togetherness. ...
- ✓ One Becomes Socially Proficient.

# Today Family



## Drawbacks

- ✓ Insecurity of children
- ✓ Agency to develop bad qualities
- ✓ Loneliness
- ✓ Not learn to share thoughts
- ✓ Don't have feeling of togetherness



# Think about it !

Which of the following is your predominant fear ?

Fear of Natural Calamities

Fear of Wild Animals

Fear of the Inhuman Behaviour of Human Being

**Is this on the increase or decrease?**

We want to become ?

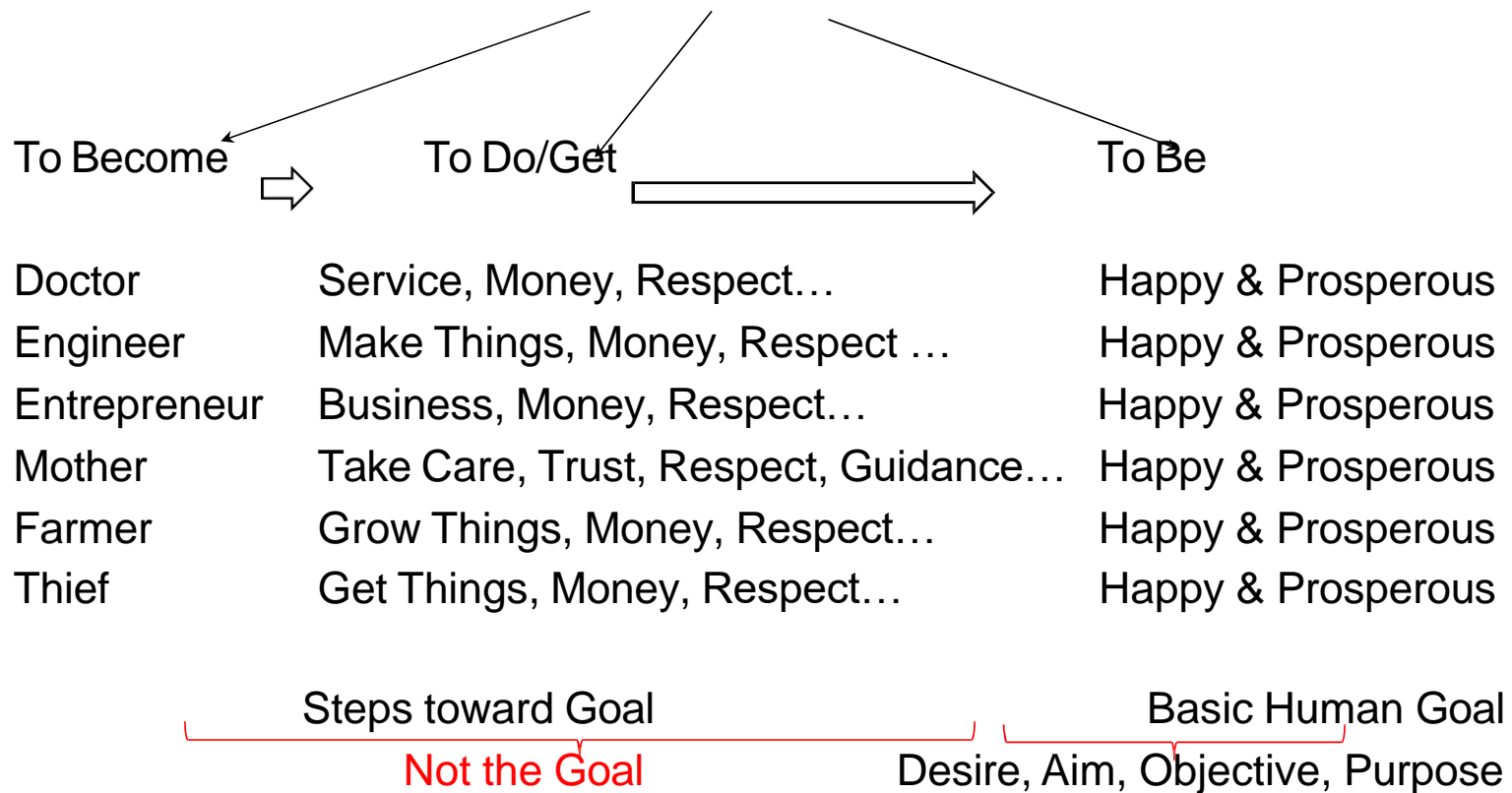
➤ Doctor

➤ Engineer

➤ Teacher

➤ Entrepreneur

# Desire – Aim, Objective, Purpose



## Desire

- Do we want to be happy?
- Do we want to be prosperous?
- Do we want the continuity of happiness and prosperity?

## State of Being

Are we happy?

Are we prosperous?

Is there continuity of our happiness and prosperity?

# Current state

## What I am

## What I want to be

Scope of living	NOT Naturally Acceptable	Naturally Acceptable
Self	Unhappiness, Conflict, Lack of Resolution, Dissatisfaction etc.	Happiness, Resolution, Clarity, Satisfaction, Peace etc.
Body	Ill-health	Health
Inter-Personal Relationships	Conflicts, Mistrust, Wrong Evaluations, Misunderstanding etc.	Mutual Fulfillment, Trust, Respect, Empathy.
Society	Fear, Exploitation, Corruption, Domination, Wars	Fearlessness, Mutual Enrichment, Trust.
Nature	Destruction.	Co-Existence.



# How to fulfill our Basic Human Aspirations

Relationships

Facilities Physical

Is this alone Sufficient?

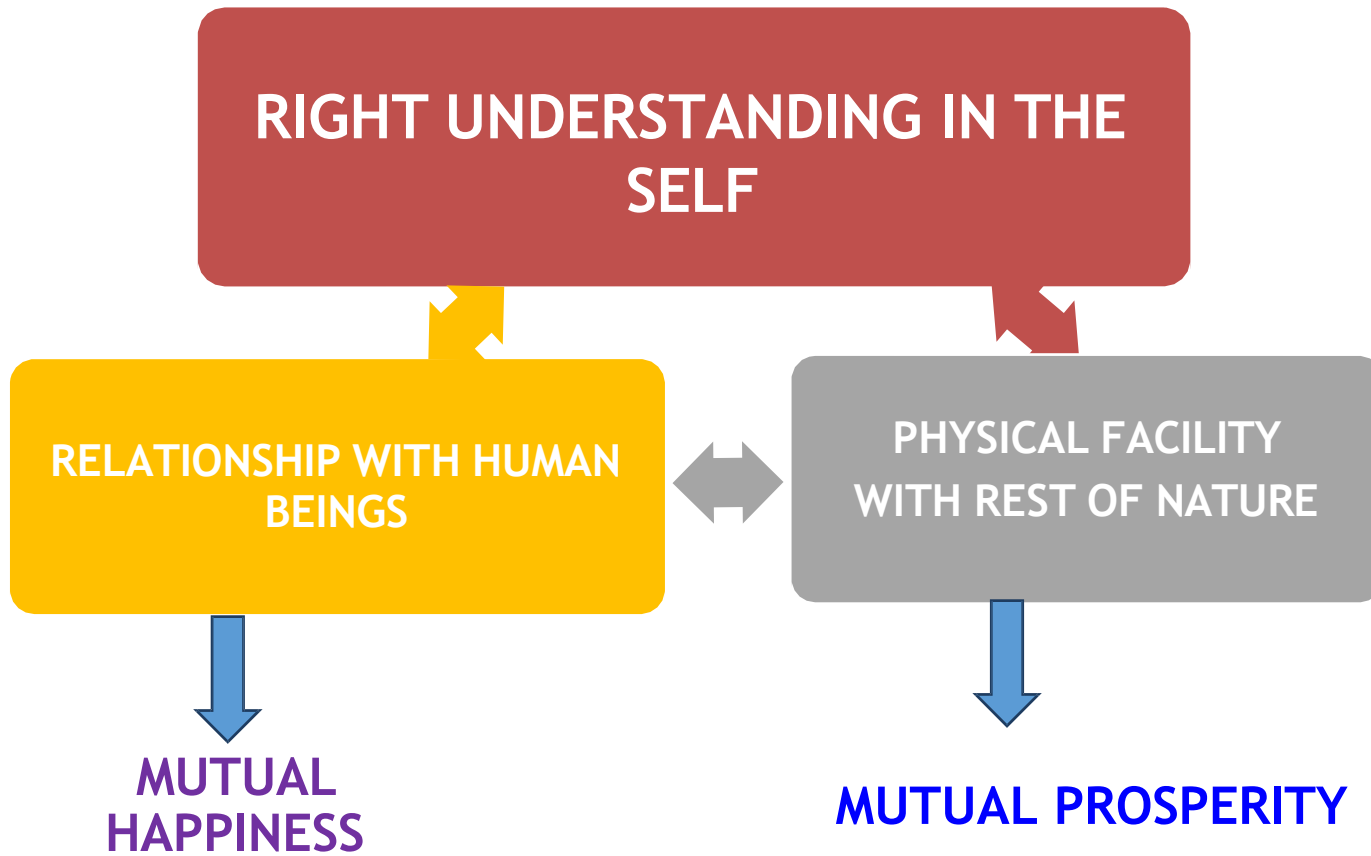
**RIGHT UNDERSTANDING IN THE  
SELF**

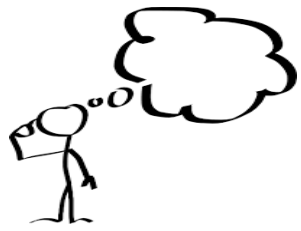
**RELATIONSHIP WITH HUMAN  
BEINGS**

**PHYSICAL FACILITY  
WITH REST OF NATURE**

**MUTUAL  
HAPPINESS**

**MUTUAL PROSPERITY**





# Think about it !

In your life if there  
are any major issues/conflicts,  
(most of them), is it due to lack  
of material things

or

lack of fulfillment in  
relationships?

# Program for Continuous Happiness

## To understand the Harmony at all levels of our Being

1. Harmony in the Human Being
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence

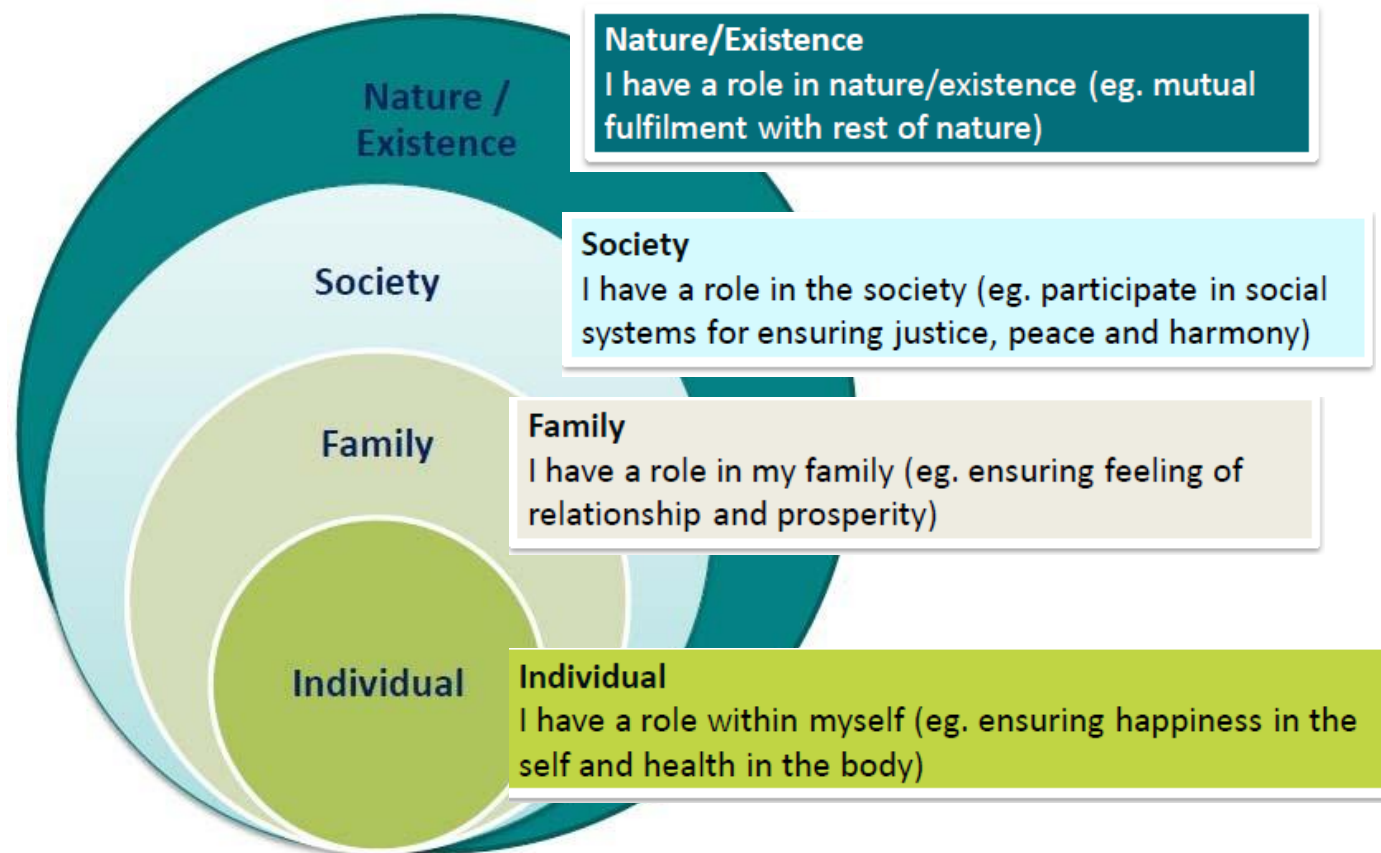
Scope of Understanding

## To live in Harmony at all levels of our Being

1. In the Self, as an Individual
2. In Family
3. In Society
4. In Nature/Existence

Scope of Living

# Role of Human Being in Larger Order



# Harmony in the Human Being

- ✓ Human Being = Self (I) + Body
- ✓ Harmony in the Self
- ✓ Harmony in the Body
- ✓ Human Being is co-existence of Self(I) and Body

Happiness = To be in a state of Harmony  
Unhappiness = To be forced to be in a state  
of Contradiction

Human Being		
	Self (I)	Body
	← <b>Co-existence</b> →	
<b>Need</b>	<b>Happiness (e.g. Respect)</b>	<b>Physical Facility (e.g. Food)</b>
<b>In Time</b>	<b>Continuous</b>	<b>Temporary</b>
<b>In Quantity</b>	<b>Qualitative (is Feeling)</b>	<b>Quantitative (Limited in Quantity)</b>
<b>Fulfilled By</b>	<b>Right Understanding &amp; Right Feeling</b>	<b>Physico-chemical Things</b>
<b>Activity</b>	<b>Desire, Thought, Expectation...</b>	<b>Eating, Walking...</b>
<b>In Time</b>	<b>Continuous</b>	<b>Temporary</b>
<b>Type</b>	<b>Knowing, Assuming, Recognising, Fulfilling</b>	<b>Recognising, Fulfilling</b>

# Desire – Need of I or Body

Clarify underlying purpose

Eg. House

- To show others – need of I
- To provide protection – need of Body

Our desire can be based on Preconditioning , Sensation or Natural Acceptance

For notions, reflect on the underlying assumption

Eg. Nice house

- Nice = comparatively better than other houses – preconditioning
- Nice = luxurious – sensation
- House= provides protection – natural acceptance



## Sum Up

- Human Goal is Continuity of Happiness & Prosperity
- Happiness = Harmony
- Human Being is co-existence of Self(I) and Body
- Happiness = Right Understanding in Self+ Right Understanding in Relationship & Physical Facilities
- Program for Continuous Happiness = Understanding the Harmony & Living in Harmony... at all 4 levels of my being



THANK  
YOU! 😊

Course title	Sensitisation to Universal Human Values-I (Common to all branches)				Semester : I . (ECE, EEE, CIVIL, MECH) & Semester : II (CSE, IT, AI/DS & AI/ML)
	L	T	P	Credits	
Scheme and Credits	2	-	-	2	
Pre-requisites (if any)	ADAPTIVE				

#### LEARNING OBJECTIVES:

The faculty will enhance the skills of the students to

- Understand the need for developing a value education towards holistic perspective of life.
- Sensitise the student about the scope of individual life.
- Strengthen self-reflection in the family.
- Develop more confidence and commitment to understand, learn and act accordingly toward society.
- Develop a holistic perspective about nature/existence.

#### UNIT I INTRODUCTION TO VALUE EDUCATION

6

Need, Basic guidelines, Content and process for value education - Basic Requirements for fulfillment of human aspirations - Development of human consciousness - Exploring the meaning of happiness and prosperity.

#### UNIT II HARMONY IN ONESELF

6

Understanding the Human Being - Understanding Harmony in the Self - Understanding Harmony of the Self with the Body - Revisiting Prosperity in the Light of the Harmony between the Self and the Body.

#### UNIT III HARMONY IN THE FAMILY AND SOCIETY

Understanding Harmony in the Family : Foundational Value in Relationship: Trust - Respect - Affection - Care - Guidance - Reverence - Glory - Gratitude - Love - Gender equity - Understanding Harmony in the Society: Dimensions of Human Order- Universal Human Order

#### UNIT IV HARMONY IN THE NATURE AND EXISTENCE

6

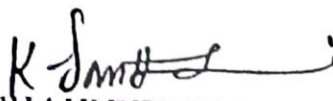
Understanding Harmony in Nature- Realizing Existence as Co-existence at All Levels- The Holistic Perception of Harmony in Existence- Program of Action- Harmony from family order to world family order.

#### UNIT-V VIRTUES

6

**Individual Virtues :** Self Control - Self Confidence - Speaking Truth - Contentment - Humility - Mind Control. Tolerance - Adjustment - Sacrifice - Forgiveness. Cleanliness -External, Mental, Inner Cleanliness. **Societal Virtues :** Ahimsa - Services, Patriotism - Equality, Respecting the parents and elders - Caring for them - Respecting Teachers. Punctuality - Time Management.

TOTAL: 30 PERIODS

  
 CHAIRPERSON  
 BoS/Dept. of CHEMISTRY,  
 IFETCE., Villupuram.

### COURSE OUTCOMES:

On completion of this course, the students will be able to

- > Understand the significance of value inputs in a classroom and start applying them in their life and profession
- > Realize the harmony of the self with body
- > Apply the fundamental values in the relationship and classroom environment
- > Recognize the role of a human being in ensuring harmony in society
- > Identify the responsibility of a student towards nature and existence

### TEXT BOOKS:

1. R.R Gaur, R Sangal, G P Bagaria. A foundation course in Human Values and professional Ethics, Excel books, New Delhi, 2010, First edition., ISBN 978-8-174-46781-2
2. Bajpai B L, —Indian Ethos and Modern ManagementI, New Royal Book Co., Lucknow, Third Edition, Reprinted 2008.
3. Sussan George, 1976, How the Other Half Dies, Penguin Press. Reprinted 1986, 1991.

### REFERENCES:

1. Govindrajran M, Natrajan S &. Senthil Kumar V.S, —Engineering EthicsI (including Human Values), Eastern Economy Edition, 2011, Prentice Hall of India Ltd, Twelfth edition
2. Tripathy A N, —Human ValuesI, New Age International Publishers, Third edition, 2003.
3. PL Dhar, RR Gaur, 2010, *Science and Humanism*, Common wealth Publishers.

### A SET OF DVDS CONTAINING:

1. Video of Teachers' Orientation Program
2. PPTs of Lectures and Practice Sessions
3. Audio-visual material for use in the practice sessions

### RELEVANT WEBSITES, MOVIES AND DOCUMENTARIES:

1. Value Education websites, <http://uhv.org.in>, <http://www.uptu.ac.in>
2. Story of Stuff, <http://www.storyofstuff.com>
3. Al Gore, An Inconvenient Truth, Paramount Classics, USA
4. Charlie Chaplin, Modern Times, United Artists, USA
5. IIT Delhi, Modern Technology – the Untold Story
6. Gandhi A., *Right Here Right Now*, Cyclewala Productions

  
CHAIRPERSON

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